

## Starters & Sides: món khai vị

Crispy spring rolls*   Chả giò	veggie	
served with lettuce & herbs to wrap & dip vg 318/360 kcal - choice of nước chấm or peanut sauce	pork	7.50
Summer rolls   Goi cuốn	veggie	6.95
fresh rice paper rolls with herbs,	chicken	
vermicelli & pickle vg 185/183/196/145 kcal	THIS™ isn't chicken	7.25
- choice of nước chấm or peanut sauce A	prawn	7.25
Spicy salad rolls   Cuốn diếp chay with enoki, chilli & herbs (low-carb) vg 44 kcal - choice of nước chấm or peanut sauce A		6.50
Chicken wings   Cánh gà (evening only) seasoned, crispy chicken wings with sriracha 587 k	cal	8.25
Pork & lemongrass meatballs   Nem nướng		
served with lettuce & herbs to wrap & dip 349 kcal		7.95
- choice of nước chấm or peanut sauce ▲		
Baby squid   Mực chiến giòn tender fried baby squid with a salt, pepper & lime	dip 315 kcal	8.25
Seafood spring roll*   Nem hải sản large crispy spring roll of king prawn, crab & pork		7.25
with nước chấm dipping sauce 208 kcal	A-1-2-11	
Beef betel   Bò lá lốt		
beef wrapped in betel leaves,		8.75
with rice vermicelli sheets & nước chấm 365 kcal		
Lotus stems   Goi ngó sen	veggie	7.75
with green bean vg 89/190 kcal	chicken & prawn	
Morning Glory   Rau muống xào		
stir fried morning glory (water spinach) in garlic,	classic	6.75
with or without fresh red chillies vg 101/109 kcal	spicy	6.75
Stir fried Chinese leaf   Cải thảo xào	classic	5.25
in soy sauce, with or without fresh red chillies vg		

## Vietnamese salads: gói

as above minus the chicken vg 153/233 kcal

Chicken sala	ad (	OI C	12

shredded chicken salad with Asian herbs, peppers 10.95 & a chilli ginger dressing 210 kcal

Veggie salad | Gói chay

veggie 9.75 THIS™ isn't chicken II.50

Green papaya salad | Goi đu đủ

chicken II.50

crunchy green papaya salad with peanuts & prawn crackers vg 189/203/129 kcal

THIS™ isn't chicken II.95 king prawn I2.50

## Mango salad | Goi xoài

spicy green mango salad topped with pork, dried shrimp

9.25

& peanuts 175 kcal - slightly smaller portion, ideal as a side or starter

## Vietnamese noodle soup: phở

Phở, (pronounced fuh) is the Vietnamese national dish; an aromatic, healthy & delicious rice noodle soup served with a side plate of fresh herbs to add as you please. The addition of these herbs & table condiments is an essential part of eating phở & adds another dimension to the dish. We think it's the best noodle soup in the world!

#### Classics

Classics	
Beef brisket   Phở chín - tender beef brisket slow cooked in our broth 397 kcal	12.95
Steak   Phở tái - thinly sliced steak 287 kcal	12.95
Steak with garlic   Phở tái lăn - flash fried steak (Hanoi style) 468 kcal	12.95
Beef combo   Phở bò combo - steak, brisket & meatballs 396 kcal	13.75
Chicken   Phở gà - breast meat in chicken broth 347 kcal	12.25
King prawns   Phở tôm - chicken or veg broth 305 kcal	13.25
Tofu & button mushrooms   Phở chay vg - chicken or veg broth 356 kcal	12.25
3 Mushrooms   Phở nấm rơm - enoki, shiitake & button mushroom vg - chicken or veg broth 290 kcal	12,25
Hot & spicy soups - served with phở or bún noodles	
Hot & spicy chicken   Bún gà Huế 353 kcal	12.75
Hot & spicy beef brisket   Bún bò Huế - with a chilli shrimp paste 454 kcal	13.50
Hot & spicy king prawn   Bún tôm Huế 301 kcal	13.75
Hot & spicy THIS™ isn't chicken   Bún gà chay Huế vg 349 kcal	13,25
Hot & spicy tofu & mushroom   Bún chay Huế vg 420 kcal	12.75
Hot & spicy 3 mushrooms   Bún nấm rơm Huế - with pak choi vg 335 kcal	12.75
House specials	
<b>'Super Green'</b> - morning glory, green beans, pak choi, fresh lime & Thai basil in veggie broth <b>vg</b> 381 kcal	11.75
<b>'Spicy Green'</b> - chicken, <b>THIS</b> ™ isn't chicken or tofu, morning glory, green beans, pak choi, fresh lime & Thai basil in spicy veggie broth <b>vg</b> 455/460/475 kcal	13.75
Brisket & mushroom   Phở bò nấm trúng brisket, enoki & button mushrooms, creamy egg yolk, in beef broth 374 kcal	13.95
<b>Crab noodle soup</b>   <b>Bún riêu</b> - a Hanoi classic; vermicelli noodles in a rich tomato & crab broth with wafer thin steak & tofu, topped with fried shallots 498 kcal	13.75
Phở house   Phở đặc biệt - king prawns, chicken & flash fried steak with garlic in beef broth 351 kcal. 25p donated to the Christina Noble Children's Foundation in Vietnam	14.75
+ Extra toppings	
tofu/button mushrooms/creamy egg yolk/pak choi/mange tout/green beans 85/78/50/15/15 kcal	1.50
chicken / steak / brisket / beef meatballs / 3 mushrooms (enoki, shiitake & button) / king prawns 80/50/98/125/75/22 kcal	2.50
Curry noodle soup	

the marriage of our classic Vietnamese curry & a steaming bowl of noodle soup. Topped with a fresh herb salad & slices of red chilli. Served with pho or bun noodles

beef brisket 648 kcal	13.75	THIS™ isn't chicken vg 610 kcal	13.50
chicken 589 kcal	12.95	tofu & mushroom vg 631 kcal	12.95
king prawn 584 kcal	13.95	3 Mushroom vg 559 kcal	12.95

# Curry: cà-ri

topped with peanuts. Served with a choice of broken or cauliflower rice

#### Classic

rich, fragrant Vietnamese curry, with veggies & mushrooms

chicken 587 kcal	13.95	tofu vg 769 kcal	13.95
beef brisket 682 kcal	14.50	THIS™ isn't chicken vg 660 kcal	14.50
king prawn 599 kcal	14.95		

#### Spicy

spicy Vietnamese curry with fresh red chillies & betel leaf

chicken 623 kcal	14.50	tofu vg 789 kcal	14.50
beef brisket 736 kcal	14.95	THIS™ isn't chicken vg 674 kcal	14.95
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#### Rice bowls: món cơm

a choice of rice topped with wok-fried Chinese leaf, radish, cucumber & pickles, finished with peanuts, herbs & fresh chillies

chargrilled chicken thigh 239 kcal	12.75	3 meat combo 348 kcal	13.95
crispy beef in betel leaf 290 kcal	12.95	tofu & veg vg 268 kcal	11.95
chargrilled pork 281 kcal	12.95	THIS™ isn't chicken & veg vg 205 kcal	13,25
+ with broken rice 370 kcal		+ with cauliflower rice 64 kcal	1.00

## Wok fried rice: com chiên

aromatic, spicy wok-fried broken rice. + Add a fried egg for £1.25

chicken & dried shrimp 794 kcal	11.95	shiitake & Thai basil vg 796 kcal	11.50
THIS™ isn't chicken vg 869 kcal	12.75		

# Wok fried noodles: phở xào

wok-fried flat rice noodles with lemongrass, chilli and Asian greens. Served with peanuts & nước chấm. vg dish served with nước chấm chay.

chicken 447 kcal	12.25	tofu & mushroom vg 527 kcal	12.25
beef 442 kcal	12.75	THIS™ isn't chicken vg 419 kcal	12.75
chicken & prawn 446 kcal	12.50		

# Vermicelli noodles: bún

vermicelli rice noodles with a lemongrass & chilli wok-fried topping. Served with fresh herbs, beansprouts, veggie spring roll\* & peanuts. Noodles served at room temp just like in Vietnam.

Pour over nước chấm & mix. vg dishes served with nước chấm chay.

chicken 389 kcal	12.25	tofu & mushroom vg 382 kcal	12.25
beef 365 kcal	12.75	veggie spring rolls* vg 476 kcal	12.50
king prawn 315 kcal	13,50	THIS™ isn't chicken vg 529 kcal	12.75
nem nuong pork balls 520 kcal	12.25		

# Prawn or 'Prawnless' crackers vg

Bánh phồng tôm | Bánh phồng chay

with sweet chilli sauce 253/320 kcal 3.95

▲ Sauces: nước chấm 50 kcal. nước chấm chay 37 kcal. peanut 95 kcal.

Adults need around 2000 kcal a day

#### Beer & Cider

Bia Hà Nội	4.95
Saigon	4.95
Beer Lao (640ml)	7.95
Pho Brewgooder Session IPA - crisp & hoppy	5.25
Pho Brewgooder Hazy Pale Ale - hazy & juicy	5.25
Saigon Apple Cider	5.50
Saigon Apple & Ginger Cider	5.50
Daura Damm (gluten free)	5.50
Brewgooder Alcohol Free Lager	5.50

# Wine & sparkling

Sparkling	125ml / bottle
Prosecco Spumante, Veneto, Italy	6.50 / 29.95
White	175ml / 250ml / bottle
Catarratto, Sicily, Italy	6.25 / 7.50 / 21.95
<b>Piattini Pinot Grigio,</b> Pavia, Italy	6.75 / 8.50 / 23.50
Peacock Sauvignon Blanc, Stellenbosch, South Africa	7.95 / 9.75 / 27.95
Rose	
Piattini Pinot Grigio Blush, Pavia, Italy	6.75 / 8.50 / 23.50

Wine Spritzer

White

Rose

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<b>Piattini Pinot Grigio Blush,</b> Pavia, Italy	6.75 / 8.50 / 23.50
Red	
Rame Garnacha, Campo de Borja, Spain	6.25 / 7.50 / 21.95
Benjamin Malbec, Mendoza, Argentina	7.75 / 9.50 / 27.50
Le Fou Pinot Noir, Languedoc, France	7.95 / 9.75 / 27.95
	(125ml also available)

## Gin & tonic

Tanqueray & Fever-Tree tonic

Vodka Hà Nôi with lemonade (50ml)

Single (25ml)		6.50
Double (50ml)		7.95
Vodka		
VOUKa		
Vodka Hà Nội & Fever-Tree tonic		
Single (25ml)		5.75
Double (50ml)		7.75
Vodka Hà Nôi, lime & soda (50ml)		7.95

#### Dessert

Crispy, warm banana fritters   Chuối chiên with or without ice cream or sorbet vg	6.25 /	7.95
Vietnamese affogato   Cà phê kem hot Vietnamese filter coffee to pour over a scoop of condensed milk ice cream 194 kcal		6.75
Fresh fruit sorbet   Kem sorbet delicious fresh fruit sorbets from La Maison des Sorbets made with over 66% fruit 2 scoops of raspberry or mango vg  • 74/159 kcal per scoop	t	5.95
Ice Cream   Kem Iuxurious dairy ice creams made with whole milk & double cream 2 scoops - please ask your server about our rotating flavours  • Average of 129 kcal per scoop		5.95

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175ml house wine

6.75

6.75

The majority of items on this menu are gluten-free, as accredited by Coeliac UK. \*please note these items are not gluten-free -Spring rolls, Hoisin sauce & the beers. Bún dishes can be ordered without spring roll on request. The vast majority of our menu is also egg & dairy free. Not all dish ingredients are listed & all dishes could contain traces of peanuts. If you have an allergy, please inform all staff who serve your table & read our allergen information.

THIS™ isn't chicken is a plant based meat substitute made from pea & soy, not gluten, fortified with vitamin B12 & iron.



a member of staff, a manager or see your receipt

## Fresh veggie & fruit juices

4.50 / 5.50

all made to order Apple, mint & lime with or without ginger 92/138 kcal

Beetroot, carrot & apple with or without ginger 97/145 kcal

Coconut, pineapple & apple 142/213 kcal

Carrot, apple & ginger 95/142 kcal

Kale, apple, pineapple & lime 102/153 kcal

Pineapple, apple & mint 112/168 kcal

Spinach, cucumber, pear & lemon (green detox) 82/123 kcal

Courgette, spinach, apple & parsley 105/157 kcal

Pineapple, spinach, cucumber & apple 97/145 kcal

Orange, carrot & ginger 100/149 kcal

Apple & orange 102/153 kcal

#### Coconut water

Straight, over ice 35 kcal	3,50
with Fresh pineapple juice 42 kcal	3.95

## Lemonade & soft drinks

Homemade lemonade 140 kcal	4.25
Spicy lemonade with ginger & fresh mint 190 kcal	4.50
Dragon fruit lemonade 120 kcal	4.50
Green tea lemonade 95 kcal	4.50
Coke, Fanta Orange	3,70
Diet Coke, Coke Zero, Sprite Zero	3.60
Mineral Water - still or sparkling (sm/lg)	2.95 / 4.95

## Teas

Flower teas - fragrant jasmine, green or yulan tea balls	3.50
Tea pigs bags - green, camomile, mint	2.75
Fresh teas - mint or lemongrass	2.50
Iced tea 90 kcal	3.25

## Vietnamese coffee

Cà phê - rich Vietnamese coffee	3.9
served black or with condensed milk 17/38 kcal	
10p donated to the Christina Noble Children's Foundation in Vietnam	
Cà phê sữa đá	
iced coffee with / without condensed milk 38/17 kcal	3.9

#### **OUR CHARITY PARTNERS**

#### Christina Noble Children's Foundation

CNCF is a British charity operating in Vietnam, working to alleviate child poverty and suffering by providing crucial, grassroots humanitarian services to highly vulnerable communities.

akt provide a range of support services to LGBTQ+ young people, working nationally with those aged 16-25 who are homeless, at risk of homelessness, or living in hostile environments.

For information regarding our service charge policy please ask