

### Starters & Sides: món khai vi

|  | e 7.25<br>k 7.50                     |
|--|--------------------------------------|
| fresh rice paper rolls with herbs, chicke vermicelli & pickle vg 185/183/196/145 kcal THIS™ isn't chicke                           | e 6.95<br>n 6.95<br>n 7.25<br>n 7.25 |
| Spicy salad rolls   Cuốn diếp chay<br>with enoki, chilli & herbs (low-carb) vg 44 kcal<br>- choice of nước chấm or peanut sauce ▲  | 6,50                                 |
| Chicken wings   Cánh gà seasoned, crispy chicken wings with sriracha 587 kcal  | 8,25                                 |
| Pork & lemongrass meatballs   Nem nướng served with lettuce & herbs to wrap & dip 349 kcal - choice of nước chấm or peanut sauce • | 7.95                                 |
| Baby squid   Mực chiến giòn tender fried baby squid with a salt, pepper & lime dip 315 kcal  | 8.25                                 |
| Seafood spring roll*   Nem hải sản large crispy spring roll of king prawn, crab & pork with nước chấm dipping sauce 208 kcal       | 7.25                                 |
| Beef betel   Bò lá lốt<br>beef wrapped in betel leaves,<br>with rice vermicelli sheets & nước chấm 365 kcal                        | 8.75                                 |
| Lotus stems   Gổi ngố sen veggi<br>with green bean vg 89/190 kcal chicken & praw   | e 7.75<br>n 8.75                     |
|  | ic 6.75<br>cy 6.75                   |
| 요즘 주민이는 경영한 경영 전에 보면 경영 시간을 받는 것이 되었다. 그렇게 되었다면 그 사람들은 그 사람들이 되었다면 모든 것이다.   | ic 5.25<br>cy 5.25                   |

# Vietnamese pancake: bánh xèo

| savoury crispy pancake with rice papers & herbs | tofu 9.95                |
|---|--------------------------|
| vg 289/281/226 kcal (evening only)              | THIS™ isn't chicken 9.95 |
|   | chicken & prawn 9.95     |

# Vietnamese salads : oòi

| Victiminese satures + goi   |  |
|---|--|
| Chicken salad   Gổi gà<br>shredded chicken salad with Asian herbs, peppers<br>& a chilli ginger dressing 210 kcal | 10.95  |
| Veggie salad   Gói chay<br>as above minus the chicken vg 153/233 kcal   | veggie 9.75<br>THIS™ isn't chicken II.50                       |
| Green papaya salad   Goi đu đủ crunchy green papaya salad with peanuts & prawn crackers vg 189/203/129 kcal       | chicken II.50<br>THIS™ isn't chicken II.95<br>king prawn I2.50 |
| 1 1 1 2 2 3 3 3 3   |  |

#### Mango salad | Goi xoài

spicy green mango salad topped with pork, dried shrimp 9.25 & peanuts 175 kcal - slightly smaller portion, ideal as a side or starter

# Vietnamese noodle soup: phở

Phở, (pronounced fuh) is the Vietnamese national dish; an aromatic, healthy & delicious rice noodle soup served with a side plate of fresh herbs to add as you please. The addition of these herbs & table condiments is an essential part of eating phở & adds another dimension to the dish. We think it's the best noodle soup in the world!

#### Classics

| Ctd35iC3  |       |
|---|-------|
| Beef brisket   Phở chín - tender beef brisket slow cooked in our broth 397 kcal   | 12.95 |
| Steak   Phở tái - thinly sliced steak 287 kcal  | 12.95 |
| Steak with garlic   Phở tái lăn - flash fried steak (Hanoi style) 468 kcal  | 12.95 |
| Beef combo   Phở bò combo - steak, brisket & meatballs 396 kcal   | 13.75 |
| Chicken   Phở gà - breast meat in chicken broth 347 kcal  | 12.25 |
| King prawns   Phở tôm - chicken or veg broth 305 kcal   | 13.25 |
| Tofu & button mushrooms   Phở chay vg - chicken or veg broth 356 kcal   | 12.25 |
| 3 Mushrooms   Phở nấm rơm - enoki, shiitake & button mushroom vg - chicken or veg broth 290 kcal  | 12.25 |
| Hot & spicy soups - served with phở or bún noodles  |       |
| Hot & spicy chicken   Bún gà Huế 353 kcal   | 12.75 |
| Hot & spicy beef brisket   Bún bò Huế - with a chilli shrimp paste 454 kcal   | 13.50 |
| Hot & spicy king prawn   Bún tôm Huế 301 kcal   | 13.75 |
| Hot & spicy THIS™ isn't chicken   Bún gà chay Huế vg 349 kcal   | 13,25 |
| Hot & spicy tofu & mushroom   Bún chay Huế vg 420 kcal  | 12.75 |
| Hot & spicy 3 mushrooms   Bún nấm rơm Huế - with pak choi vg 335 kcal   | 12.75 |
| House specials  |       |
| <b>'Super Green'</b> - morning glory, green beans, pak choi, fresh lime & Thai basil in veggie broth <b>vg</b> 381 kcal   | 11.75 |
| <b>'Spicy Green'</b> - chicken, <b>THIS</b> ™ isn't chicken or tofu, morning glory, green beans, pak choi, fresh lime & Thai basil in spicy veggie broth <b>vg</b> 455/460/475 kcal | 13.75 |
| Brisket & mushroom   Phở bò nấm trúng<br>brisket, enoki & button mushrooms, creamy egg yolk, in beef broth 374 kcal   | 13.95 |
| Crab noodle soup   Bún riêu - a Hanoi classic; vermicelli noodles in a rich tomato & crab broth with wafer thin steak & tofu, topped with fried shallots 498 kcal                   | 13.75 |
| Phở house   Phở đặc biệt - king prawns, chicken & flash fried steak with garlic in beef broth 351 kcal. 25p donated to the Christina Noble Children's Foundation in Vietnam         | 14.75 |
| + Extra toppings  |       |
| tofu/button mushrooms/creamy egg yolk/pak choi/mange tout/green beans<br>85/78/50/15/15 kcal  | 1.50  |
| chicken / steak / brisket / beef meatballs / 3 mushrooms (enoki, shiitake & button) / king prawns 80/50/98/125/75/22 kcal   | 2.50  |
|   |       |
| Curry poodle coup   |       |

# Curry noodle soup

the marriage of our classic Vietnamese curry & a steaming bowl of noodle soup. Topped with a fresh herb salad & slices of red chilli. Served with phở or bún noodles

| beef brisket 648 kcal | 13.75 | THIS™ isn't chicken vg 610 kcal | 13.50 |
|-----------------------|-------|---------------------------------|-------|
| chicken 589 kcal      | 12.95 | tofu & mushroom vg 631 kcal     | 12.95 |
| king prawn 584 kcal   | 13.95 | 3 Mushroom vg 559 kcal          | 12.95 |

Every product in every dish we serve is made right here on site from ingredients delivered daily. No central kitchen - just real cooking. As each dish is cooked to order, variations do occur and calorie values may slightly differ. \*please note these items are not gluten-free - see reverse. vg - vegan options available.

### Curry: cà-ri

topped with peanuts. Served with a choice of broken or cauliflower rice

rich, fragrant Vietnamese curry, with veggies & mushrooms

| chicken 587 kcal      | 13.95 | tofu vg 769 kcal                | 13.95 |
|-----------------------|-------|---------------------------------|-------|
| beef brisket 682 kcal | 14.50 | THIS™ isn't chicken vg 660 kcal | 14.50 |
| Island Branch FOO I I | 14.05 |                                 |       |

spicy Vietnamese curry with fresh red chillies & betel leaf

| chicken 623 kcal      | 14.50 | tofu vg 789 kcal                | 14.50 |
|-----------------------|-------|---------------------------------|-------|
| beef brisket 736 kcal | 14.95 | THIS™ isn't chicken vg 674 kcal | 14.95 |
| I                     | 15.50 |                                 |       |

# Rice bowls: món cơm

a choice of rice topped with wok-fried Chinese leaf, radish, cucumber & pickles, finished with peanuts, herbs & fresh chillies

| chargrilled chicken thigh 239 kcal | 12.75 | 3 meat combo 348 kcal                 | 13.95 |
|------------------------------------|-------|---------------------------------------|-------|
| crispy beef in betel leaf 290 kcal | 12.95 | tofu & veg vg 268 kcal                | 11.95 |
| chargrilled pork 281 kcal          | 12.95 | THIS™ isn't chicken & veg vg 205 kcal | 13,25 |
|                                    |       |                                       |       |
| + with broken rice 370 kcal        |       | + with cauliflower rice 64 kcal       | 1.00  |

#### Wok fried rice: com chiên

aromatic, spicy wok-fried broken rice. + Add a fried egg for £1.25

chicken & dried shrimp 794 kcal II.95 shiitake & Thai basil vg 796 kcal II.50 THIS™ isn't chicken vg 869 kcal 12.75

## Wok fried noodles: phở xào

wok-fried flat rice noodles with lemongrass, chilli and Asian greens. Served with peanuts & nước chấm. vg dish served with nước chấm chay.

| chicken 447 kcal         | 12.25 | tofu & mushroom vg 527 kcal     | 12.25 |
|--------------------------|-------|---------------------------------|-------|
| beef 442 kcal            | 12.75 | THIS™ isn't chicken vg 419 kcal | 12.75 |
| chicken & prawn 446 kcal | 12.50 |                                 |       |

# Vermicelli noodles : bún

vermicelli rice noodles with a lemongrass & chilli wok-fried topping. Served with fresh herbs, beansprouts, veggie spring roll\* & peanuts. Noodles served at room temp just like in Vietnam.

Pour over nước chấm & mix. vg dishes served with nước chấm chay.

| chicken 389 kcal              | 12.25 | tofu & mushroom vg 382 kcal      | 12.25 |
|-------------------------------|-------|----------------------------------|-------|
| beef 365 kcal                 | 12.75 | veggie spring rolls* vg 476 kcal | 12.50 |
| king prawn 315 kcal           | 13,50 | THIS™ isn't chicken vg 529 kcal  | 12.75 |
| nem nuong pork balls 520 kcal | 12.25 |                                  |       |

# Prawn or 'Prawnless' crackers vo

Bánh phồng tôm | Bánh phồng chay

with sweet chilli sauce 253/320 kcal

▲ Sauces: nước chấm 50 kcal. nước chấm chay 37 kcal. peanut 95 kcal.

Adults need around 2000 kcal a day

Beer & Cider

Bia Hà Nôi 4.95 Saigon 4.95 Beer Lao (640ml) 7.95 Pho Brewgooder Session IPA - crisp & hoppy 5.25 Pho Brewgooder Hazy Pale Ale - hazy & juicy 5.25 Saigon Apple Cider 5.50 Saigon Apple & Ginger Cider 5.50 Daura Damm (gluten free) 5.50 Brewgooder Alcohol Free Lager 5.50

# Wine & sparkling

Piattini Pinot Grigio Blush,

Cotes du Rhone Rose,

Sparkling 125ml / bottle Prosecco Spumante. Veneto, Italy 6.50 / 29.95 White 175ml / 250ml / bottle Catarratto, Sicily, Italy 6.25 / 7.50 / 21.95 Piattini Pinot Grigio, Pavia, Italy 6.75 / 8.50 / 23.50 Selon Létang Viognier, Languedoc, France 6.95 / 8.75 / 23.95 Listening Station Chardonnay, Victoria, Australia 7.25 / 9.25 / 25.50 Peacock Sauvignon Blanc, Stellenbosch, South Africa 7.95 / 9.75 / 27.95 Rose

6.75 / 8.50 / 23.50

6.95 / 8.95 / 24.95

6.25 / 7.50 / 21.95

Red

Pavia, Italy

Rhone, France

Rame Garnacha, Campo de Borja, Spain

Benjamin Malbec, Mendoza, Argentina 7.75 / 9.50 / 27.50 Le Fou Pinot Noir, Languedoc, France 7.95 / 9.75 / 27.95 (125ml also available) Wine Spritzer 175ml house wine White 6.75 Rose 6.75

Cocktails 8.50

Phojito - our signature cocktail; white rum, mint, lime & soda

Spicy Lychee Margarita - Teguila, fresh lime juice, lychee syrup & Thai chillies

Dragon Fruit & Lime Martini - Hà Nội vodka, dragonfruit purée & fresh lime juice

Hà Nội Mule - Hà Nội vodka, freshly juiced apple, ginger, mint & lime

Prickly Pear Punch - Havana club rum, freshly juiced pear, ginger & lemon

Cà phê Martini - Hà Nôi vodka, iced Vietnamese coffee & condensed milk

Pride Punch - Havana club rum, passionfruit liquor, fresh apple juice & muddled lime 50p will be donated to akt

Lemon & Basil Martini - Hà Nội vodka, homemade lemonade & Thai basil

#### Booze-Free

| $\begin{subarray}{ll} \textbf{Nojito} & - & muddled lime & mint, homemade lemonade & soda, shaken & served over crushed ice, garnished with fresh mint 87 kcal$ | 5.50 |
|---|------|
| Negroni spritz<br>fizzy, fruity and full of flavour. Handmade by Square Root  | 5.50 |
| "Gin" & Tonic a classic, made from scratch by Square Root   | 5.50 |
| Gin & tonic   |      |
| Tanqueray & Fever-Tree tonic  |      |
| Single (25ml)   | 6.50 |
| Double (50ml)   | 7.95 |
| Vodka   |      |
| Vodka Hà Nội & Fever-Tree tonic   |      |
| Single (25ml)   | 5.75 |
| Double (50ml)   | 7.75 |
| Vodka Hà Nội, lime & soda (50ml)  | 7.95 |

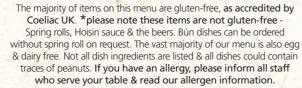
www.phocafe.co.uk J f O

Vodka Hà Nội with lemonade (50ml)









THIS™ isn't chicken is a plant based meat substitute made from pea & soy, not gluten, fortified with vitamin B12 & iron.



7.95

Our allergen guide

For information regarding our service charge policy please ask a member of staff, a manager or see your receipt

### Fresh veggie & fruit juices

sm / lg 4.50 / 5.50

all made to order Apple, mint & lime with or without ginger 92/138 kcal

Beetroot, carrot & apple with or without ginger 97/145 kcal

Coconut, pineapple & apple 142/213 kcal

Carrot, apple & ginger 95/142 kcal

Kale, apple, pineapple & lime 102/153 kcal

Pineapple, apple & mint 112/168 kcal

Spinach, cucumber, pear & lemon (green detox) 82/123 kcal

Courgette, spinach, apple & parsley 105/157 kcal

Pineapple, spinach, cucumber & apple 97/145 kcal

Orange, carrot & ginger 100/149 kcal

Apple & orange 102/153 kcal

#### Coconut water

| Straight, over ice 35 kcal         | 3.50 |
|------------------------------------|------|
| with Fresh pineapple juice 42 kcal | 3.95 |

#### Lemonade & soft drinks

| Homemade lemonade 140 kcal                       | 4.2        |
|--|------------|
| Spicy lemonade with ginger & fresh mint 190 kcal | 4.5        |
| Dragon fruit lemonade 120 kcal                   | 4.50       |
| Green tea lemonade 95 kcal                       | 4.50       |
| Coke, Fanta Orange                               | 3.70       |
| Diet Coke, Coke Zero, Sprite Zero                | 3.6        |
| Mineral Water - still or sparkling (sm/lg)       | 2.95 / 4.9 |

#### Teas

| Flower teas - fragrant jasmine, green or yulan tea balls | 3.50 |
|--|------|
| Tea pigs bags - green, camomile, mint                    | 2.7  |
| Fresh teas - mint or lemongrass                          | 2.5  |
| Iced tea on heat   | 2.2  |

#### Vietnamese coffee

| Cà phê - rich Vietnamese coffee                                     |
|---|
| served black or with condensed milk 17/38 kcal                      |
| 10p donated to the Christina Noble Children's Foundation in Vietnam |
| Cà phê sữa đá   |

iced coffee with / without condensed milk 38/17 kcal 3.95

#### **OUR CHARITY PARTNERS**

#### Christina Noble Children's Foundation

CNCF is a British charity operating in Vietnam, working to alleviate child poverty and suffering by providing crucial, grassroots humanitarian services to highly vulnerable communities.

akt provide a range of support services to LGBTQ+ young people, working nationally with those aged 16-25 who are homeless, at risk of homelessness, or living in hostile environments.

3.95