



# MENU

## WESTFIELD



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## Sides & snacks : món ăn kèm

- |   |                            |  |        |   |                    |
|---|----------------------------|--|--------|---|--------------------|
| <b>1. Crispy spring rolls*</b>  |                            |  |        |   |                    |
| served with lettuce & herbs to wrap & dip <b>vg</b>   |                            |  | veggie |   | pork               |
| 318/360 kcal - choice of nước chấm or peanut sauce ▲  |                            |  | 7.25   | / | 7.50               |
| <b>2. Summer rolls</b> - fresh rice paper rolls   | <b>THIS™</b> isn't chicken |  | veggie |   | chicken            |
| with herbs, vermicelli & pickle <b>vg</b> 196/185/183/145 kcal                                  |                            |  | 7.25   | / | 6.95 / 6.95 / 7.25 |
| - choice of nước chấm or peanut sauce ▲   |                            |  |        |   |                    |
| <b>3. Spicy salad rolls</b>   |                            |  |        |   | 6.50               |
| with enoki, chilli & herbs (low-carb) <b>vg</b> 44 kcal - choice of nước chấm or peanut sauce ▲ |                            |  |        |   |                    |
| <b>4. Chicken wings</b>   |                            |  |        |   | 8.25               |
| seasoned, crispy chicken wings with sriracha 587 kcal   |                            |  |        |   |                    |
| <b>5. Pork &amp; lemongrass meatballs</b>   |                            |  |        |   | 7.95               |
| served with lettuce & herbs to wrap & dip 349 kcal - choice of nước chấm or peanut sauce ▲      |                            |  |        |   |                    |
| <b>6. Baby squid</b>  |                            |  |        |   | 8.25               |
| tender fried baby squid with a salt, pepper & lime dip 315 kcal                                 |                            |  |        |   |                    |
| <b>7. Seafood spring roll*</b>  |                            |  |        |   | 7.25               |
| large crispy spring roll of king prawn, crab & pork with nước chấm dipping sauce 208 kcal       |                            |  |        |   |                    |
| <b>8. Lotus stems</b>   |                            |  |        |   | 8.75               |
| with chicken, prawns & green bean 190 kcal  |                            |  |        |   |                    |
| <b>9. Morning Glory</b>   |                            |  |        |   | 6.75               |
| stir fried morning glory (water spinach) in garlic <b>vg</b> 101 kcal                           |                            |  |        |   |                    |

## Vietnamese salads : gỏi

- |  |                            |                            |         |        |               |
|--|----------------------------|----------------------------|---------|--------|---------------|
| <b>10. Chicken salad</b>   |                            |                            |         |        | 10.95         |
| with Asian herbs, peppers & a chilli ginger dressing 210 kcal          |                            |                            |         |        |               |
| <b>11. Veggie salad</b>  |                            | <b>THIS™</b> isn't chicken |         | veggie |               |
| as above minus the chicken <b>vg</b> 233/153 kcal                      |                            |                            |         | 11.50  | / 9.75        |
| <b>12. Green papaya salad</b>  | <b>THIS™</b> isn't chicken |                            | chicken |        | king prawn    |
| crunchy salad with peanuts & prawn crackers <b>vg</b> 203/189/129 kcal |                            |                            | 11.95   | /      | 11.50 / 12.50 |
| <b>13. Mango salad</b>   |                            |                            |         |        | 9.25          |
| spicy salad topped with pork, dried shrimp & peanuts 175 kcal          |                            |                            |         |        |               |

## Wok fried rice : cơm chiên

aromatic, spicy wok-fried broken rice. + Add a fried egg for £1.25

- |   |       |   |       |
|---|-------|---|-------|
| <b>54. Chicken &amp; dried shrimp</b> 794 kcal    | 11.95 | <b>56. Shiitake &amp; Thai basil</b> <b>vg</b> 796 kcal | 11.50 |
| <b>55. THIS™ isn't chicken</b> <b>vg</b> 869 kcal | 12.75 |   |       |

## Wok fried noodles : phở xào

wok fried flat rice noodles with lemongrass, chilli and Asian greens. Served with peanuts.

- |   |       |   |       |
|---|-------|---|-------|
| <b>57. Chicken</b> 447 kcal             | 12.25 | <b>60. Tofu &amp; mushroom</b> <b>vg</b> 527 kcal | 12.25 |
| <b>58. Beef</b> 442 kcal                | 12.75 | <b>61. THIS™ isn't chicken</b> <b>vg</b> 419 kcal | 12.75 |
| <b>59. Chicken &amp; prawn</b> 446 kcal | 12.50 |   |       |

# Vietnamese noodle soup : phở

Phở, (pronounced fuh) is the Vietnamese national dish; an aromatic, healthy & delicious rice noodle soup served with a side plate of fresh herbs to add as you please. The addition of these herbs & table condiments is an essential part of eating phở & adds another dimension to the dish. We think it's the best noodle soup in the world!

## Classics

- |   |       |
|---|-------|
| 20. <b>Beef brisket</b> - slow cooked in our broth 397 kcal   | 12.95 |
| 21. <b>Steak</b> - thinly sliced steak 287 kcal   | 12.95 |
| 22. <b>Steak with garlic</b> - flash fried steak (Hanoi style) 468 kcal                               | 12.95 |
| 23. <b>Beef combo</b> - steak, brisket & meatballs 396 kcal   | 13.75 |
| 24. <b>Chicken</b> - breast meat in chicken broth 347 kcal  | 12.25 |
| 25. <b>King prawns</b> - chicken or veg broth 305 kcal  | 13.25 |
| 26. <b>Tofu &amp; button mushrooms</b> - chicken or veg broth <b>vg</b> 356 kcal                      | 12.25 |
| 27. <b>3 Mushrooms</b> - enoki, shiitake & button mushrooms - chicken or veg broth <b>vg</b> 290 kcal | 12.25 |

## Hot and spicy soups - served with phở or bún noodles

- |   |       |
|---|-------|
| 28. <b>Hot &amp; spicy chicken</b> 343 kcal                                   | 12.75 |
| 29. <b>Hot &amp; spicy beef brisket</b> - with a chilli shrimp paste 454 kcal | 13.50 |
| 30. <b>Hot &amp; spicy king prawn</b> 301 kcal                                | 13.75 |
| 31. <b>Hot &amp; spicy THIS™ isn't chicken</b> <b>vg</b> 349 kcal             | 13.25 |
| 32. <b>Hot &amp; spicy tofu &amp; mushroom</b> <b>vg</b> 420 kcal             | 12.75 |
| 33. <b>Hot &amp; spicy 3 mushrooms</b> - with pak choi <b>vg</b> 335 kcal     | 12.75 |

## House specials

- |  |       |
|--|-------|
| 34. <b>'Super Green'</b> - morning glory, green beans, pak choi, fresh lime & Thai basil in veggie broth <b>vg</b> 381 kcal  | 11.75 |
| 35. <b>'Spicy Green'</b> - chicken, <b>THIS™</b> isn't chicken or tofu, morning glory, green beans, pak choi, fresh lime & Thai basil in spicy veggie broth <b>vg</b> 455/460/475 kcal | 13.75 |
| 36. <b>Brisket &amp; mushroom</b> - brisket, enoki & button mushrooms, creamy egg yolk, in beef broth 374 kcal   | 13.95 |
| 37. <b>Crab noodle soup</b> - a Hanoi classic; vermicelli noodles in a rich tomato & crab broth with wafer thin steak & tofu, topped with fried shallots 498 kcal                      | 13.75 |
| 38. <b>Phở House</b> - king prawns, chicken & flash fried steak with garlic in beef broth 351 kcal<br>25p donated to the Christina Noble Children's Foundation in Vietnam              | 14.75 |

## EXTRA TOPPINGS

- |  |      |
|--|------|
| tofu / button mushrooms / creamy egg yolk / pak choi / mange tout / green beans 85/78/50/15/15/15 kcal   | 1.50 |
| chicken / steak / brisket / beef meatballs / nem nuong pork balls / king prawn / 3 mushrooms (enoki, shiitake, & button) 80/50/98/125/75/22 kcal | 2.50 |

Every product in every dish we serve is made right here on site from ingredients delivered daily. No central kitchen - just real cooking. As each dish is cooked to order, variations do occur and calorie values may slightly differ.

**vg** - vegan options available.



accredited by  
**coeliacuk**  
THE COELIAC SOCIETY

The majority of items on this menu are gluten-free, **as accredited by Coeliac UK**. \*Please note these items are not gluten-free - Spring rolls, Hoisin sauce & the beers. Bún dishes can be ordered without spring roll on request. The vast majority of our menu is also egg & dairy free. Not all dish ingredients are listed & all dishes could contain traces of peanuts. **If you have an allergy, please inform all staff who serve your table & read our allergen information.**

Our chicken meat is Halal. **THIS™** isn't chicken is a plant based meat substitute made from pea & soy, not gluten, fortified with vitamin B12 & iron.



Our allergen guide ▲

## Curry : cà-ri

topped with peanuts & served with a choice of rice

**Classic** - rich, fragrant Vietnamese curry, with veggies & mushrooms

<b>39. Chicken</b> 587 kcal	13.95	<b>42. Tofu</b> <b>vg</b> 769 kcal	13.95
<b>40. Beef brisket</b> 682 kcal	14.50	<b>43. THIS™ isn't chicken</b> <b>vg</b> 660 kcal	14.50
<b>41. King prawn</b> 599 kcal	14.95		

**Spicy** - spicy Vietnamese curry with fresh red chillies & betel leaf

<b>44. Chicken</b> 623 kcal	14.50	<b>47. Tofu</b> <b>vg</b> 789 kcal	14.50
<b>45. Beef brisket</b> 736 kcal	14.95	<b>48. THIS™ isn't chicken</b> <b>vg</b> 674 kcal	14.95
<b>46. King prawn</b> 642 kcal	15.50		

+ with broken rice 370 kcal      -      + with cauliflower rice 64 kcal      1.00

## Curry noodle soup

the marriage of our classic Vietnamese curry & a steaming bowl of noodle soup.  
Topped with a fresh herb salad & slices of red chilli.

<b>62. Beef brisket</b> 648 kcal	13.75	<b>65. Tofu &amp; mushroom</b> <b>vg</b> 631 kcal	12.95
<b>63. Chicken</b> 589 kcal	12.95	<b>66. 3 Mushroom</b> <b>vg</b> 559 kcal	12.95
<b>64. King prawn</b> 584 kcal	13.95	<b>67. THIS™ isn't chicken</b> <b>vg</b> 610 kcal	13.50

## Rice bowls : món cơm

rice topped with wok-fried Chinese leaf, radish, cucumber & pickles, finished with peanuts, herbs & fresh chillies

<b>49. Chargrilled chicken thigh</b> 239 kcal	12.75	<b>52. Tofu &amp; veg</b> <b>vg</b> 268 kcal	11.95
<b>50. Chargrilled pork</b> 281 kcal	12.95	<b>53. THIS™ isn't chicken &amp; veg</b> <b>vg</b> 205 kcal	13.25
<b>51. Chicken &amp; pork combo</b> 348 kcal	13.95		

+ with broken rice 370 kcal      -      + with cauliflower rice 64 kcal      1.00

## Vermicelli noodles : bún

vermicelli rice noodles with a lemongrass & chilli wok-fried topping. Served with fresh herbs, beansprouts, veggie spring roll\* & peanuts. Noodles served at room temp just like in Vietnam. Pour over nước chấm & mix. **vg** dishes served with nước chấm chay.

<b>14. Chicken</b> 389 kcal	12.25	<b>17. Pork &amp; lemongrass meatballs</b> 520 kcal	12.25
<b>15. Beef</b> 365 kcal	12.75	<b>18. Tofu &amp; mushroom</b> <b>vg</b> 382 kcal	12.25
<b>16. King prawn</b> 315 kcal	13.50	<b>19. THIS™ isn't chicken</b> <b>vg</b> 529 kcal	12.75

▲ Sauces: nước chấm 50 kcal. nước chấm chay 37 kcal. peanut 95 kcal. Calories given are per portion.

## Wine

125ml also available

### WHITE

<b>Catarratto</b> , Sicily, Italy	175ml	250ml	bottle
<b>Piattini Pinot Grigio</b> , Pavia, Italy	6.25 /	7.50 /	21.95
	6.75 /	8.50 /	23.50

### ROSE

<b>Piattini Pinot Grigio Blush</b> , Pavia, Italy	6.75 /	8.50 /	23.50
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### RED

<b>Rame Garnacha</b> , Campo de Borja, Spain	6.25 /	7.50 /	21.95
<b>Benjamin Malbec</b> , Mendoza, Argentina	7.75 /	9.50 /	27.50

## Beer

<b>Bia Hà Nội</b> , North Vietnam	4.95
<b>Saigon</b> , South Vietnam	4.95
<b>Beer Lao</b> , Laos (640ml)	7.95

## Fresh Juices

**All made to order** 4.50

Apple, mint & lime  
with / without ginger

Beetroot, carrot & apple  
with / without ginger

Coconut, pineapple & apple

Carrot, apple & ginger

Kale, apple, pineapple & lime

Pineapple, apple & mint

Spinach, cucumber, pear  
& lemon (green detox)

Apple & orange

92/97/142/95/102/112/82/102 kcal

## Tea & Coffee

**Vietnamese Coffee** 3.95

rich coffee served black  
or with condensed milk 17/38 kcal  
10p donated to the CNCF in Vietnam

**Iced Coffee** 17/38 kcal 3.95

**Iced Tea** 90 kcal 3.25

**Tea pigs bags**  
green, camomile, mint 2.75

**Flower Teas**  
fragrant jasmine, green  
or yulan tea balls 3.50

## Pop & Water

**Homemade** 4.25

**lemonade** 140 kcal

**Spicy lemonade** 4.50  
with ginger & fresh mint 190 kcal

**Green tea lemonade** 4.50  
95 kcal

**Coke,  
Fanta Orange** 3.70

**Diet Coke, Coke Zero,  
Sprite Zero** 3.60

**Mineral Water** small 2.95  
still or sparkling large 4.95

Adults need around 2000 kcal a day



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#### OUR CHARITY PARTNER

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**Christina Noble Children's Foundation (CNCF):**

CNCF is a British charity operating in Vietnam, working to alleviate child poverty and suffering by providing crucial, grassroots humanitarian services to highly vulnerable communities.