



MENU

STRATFORD



@PhoRestaurant

Sides & snacks : món ăn kèm

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|--|---|--------|----------------------|
| 1. Spring rolls* | | veggie | pork |
| crispy spring rolls served with lettuce & herbs
to wrap & dip - choice of nước chấm or peanut sauce vg | | 6.25 | / 6.75 |
| 2. Summer rolls | THIS™ isn't chicken | veggie | chicken |
| fresh rice paper rolls with herbs, vermicelli
& pickle - choice of nước chấm or peanut sauce vg | | 6.25 | / 5.75 / 5.95 / 6.25 |
| | (10p donated to the Christina Noble Children's Foundation in Vietnam) | | |
| 3. Spicy salad rolls - with enoki, chilli & herbs (low-carb) | | | 5.50 |
| - choice of nước chấm or peanut sauce vg | | | |
| 4. Chicken wings - seasoned, crispy chicken wings with sriracha | | | 7.75 |
| 5. Pork & lemongrass meatballs | | | |
| served with lettuce & herbs to wrap & dip - choice of nước chấm or peanut sauce | | | 7.25 |
| 6. Baby squid | | | |
| tender fried baby squid with a salt, pepper & lime dip | | | 7.75 |
| 7. Seafood spring roll* | | | |
| large crispy spring roll of king prawn, crab & pork with nước chấm dipping sauce | | | 5.95 |
| 8. Beef betel | | | |
| beef wrapped in betel leaves, with rice vermicelli sheets & nước chấm | | | 7.95 |
| 9. Lotus stems - with chicken, prawns & green bean | | | 7.95 |
| 10. Morning Glory | | | |
| stir fried morning glory (water spinach) in garlic vg | | | 5.95 |

Vietnamese salads : gỏi

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| 11. Chicken salad | | | | 9.25 |
| with Asian herbs, peppers & a chilli ginger dressing | | | | |
| 12. Veggie salad | | THIS™ isn't chicken | veggie | |
| as above minus the chicken vg | | | | 9.50 / 8.25 |
| 13. Green papaya salad | | THIS™ isn't chicken | chicken | king prawn |
| crunchy salad with peanuts & prawn crackers vg | | 9.75 | / 9.50 | / 10.50 |
| 14. Mango salad | | | | |
| spicy salad topped with pork, dried shrimp & peanuts | | | | 7.75 |

Wok fried rice : cơm chiên

aromatic, spicy wok-fried broken rice. + Add a fried egg for 95p

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| 34. Chicken & dried shrimp | 9.95 | 35. Shiitake & Thai basil vg | 9.25 |
| | | 36. THIS™ isn't chicken vg | 10.50 |

Wok fried noodles : phở xào

wok fried flat rice noodles with lemongrass, chilli and Asian greens. Served with peanuts.

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|--------------------------------|-------|--|-------|
| 37. Chicken | 9.95 | 40. Tofu & mushroom vg | 9.75 |
| 38. Beef | 10.25 | 41. THIS™ isn't chicken vg | 10.50 |
| 39. Chicken & prawn | 10.25 | | |

Vietnamese noodle soup : phở

Pho, (pronounced fuh) is the Vietnamese national dish; an aromatic, healthy & delicious rice noodle soup served with a side plate of fresh herbs to add as you please. The addition of these herbs & table condiments is an essential part of eating pho & adds another dimension to the dish. We think it's the best noodle soup in the world!

Classics

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| 15. Beef brisket - tender beef brisket slow cooked in our broth | 10.25 |
| 16. Steak - thinly sliced steak | 10.25 |
| 17. Steak with garlic - flash fried steak (Hanoi style)
<small>(25p donated to the Christina Noble Children's Foundation in Vietnam)</small> | 10.50 |
| 18. Beef combo - steak, brisket & meatballs | 10.95 |
| 19. Chicken - breast meat in chicken broth | 9.95 |
| 20. King prawns - choice of broth: chicken or veggie | 10.75 |
| 21. Tofu & button mushrooms - choice of broth: chicken or veggie vg | 9.75 |
| 22. 3 Mushrooms - enoki, shiitake & button mushrooms - choice of broth: chicken or veggie vg | 9.95 |
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Hot and spicy soups

Originating from the Imperial City, Huế. Served with bún or phở noodles.

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| 23. Hot & spicy chicken | 10.50 |
| 24. Hot & spicy beef brisket - served with a chilli shrimp paste | 10.75 |
| 25. Hot & spicy king prawn | 11.25 |
| 26. Hot & spicy tofu & mushroom vg | 10.25 |
| 27. Hot & spicy THIS™ isn't chicken vg | 10.95 |
| 28. Hot & spicy 3 mushrooms - with pak choi vg | 10.25 |
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House specials

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| 29. 'Super Green' - morning glory, green beans, pak choi, fresh lime & Thai basil
in veggie broth vg | 9.75 |
| 30. 'Spicy Green' - chicken, THIS™ isn't chicken or tofu, morning glory, green beans,
pak choi, fresh lime & Thai basil in spicy veggie broth vg | 10.95 |
| 31. Brisket & mushroom - brisket, enoki & button mushrooms, creamy egg yolk,
in beef broth | 11.25 |
| 32. Crab noodle soup - a Hanoi classic; vermicelli noodles in a rich tomato & crab broth
with wafer thin steak & tofu, topped with fried shallots | 11.75 |
| 33. Phở House - king prawns, chicken & flash fried steak with garlic in beef broth | 12.25 |
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EXTRA TOPPINGS

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| tofu / button mushrooms / creamy egg yolk / pak choi / mange tout / green beans | 1.25 |
| chicken / steak / brisket / beef meatballs / nem nuong pork balls / king prawn / 3 mushrooms (enoki, shiitake, & button) | 1.95 |
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Every product in every dish, including spring rolls, meatballs & bone broths, are made right here from ingredients delivered daily. Nothing comes pre-packaged or from a central kitchen.

vg - these dishes are, or can be, vegan by choosing vegan options - please ask staff for vegan drink info.



accredited by
coeliacuk
the coeliac society

The majority of items on this menu are gluten-free, as accredited by Coeliac UK. ***Please note:** these items are not gluten-free - Cha Gio (spring rolls), Nem Hai San, Hoisin sauce & the beers. Bun dishes can be ordered without spring roll on request. The vast majority of our menu is also egg & dairy free. Not all dish ingredients are listed & all dishes could contain traces of peanuts. Our chicken meat is Halal. **THIS™** isn't chicken is a plant based meat substitute made from pea & soy, not gluten, fortified with vitamin B12 & iron. **If you have an allergy, please make staff aware of it & request & read our detailed allergen information.**

Curry : cà-ri

+ switch to low-carb
cauliflower rice 1.00

topped with peanuts & served with broken rice

Classic - rich, fragrant Vietnamese curry, with veggies & mushrooms

48. Chicken	11.75	51. Tofu vg	11.50
49. Beef brisket	11.95	52. THIS™ isn't chicken vg	12.25
50. King prawn	12.75		

Spicy - spicy Vietnamese curry with fresh red chillies & betel leaf

53. Chicken	12.25	56. Tofu vg	11.95
54. Beef brisket	12.50	57. THIS™ isn't chicken vg	12.75
55. King prawn	13.25		

Rice bowls : món cơm

+ switch to low-carb
cauliflower rice 1.00

broken rice topped with wok-fried Chinese leaf, radish, cucumber & pickles, finished with peanuts, herbs & fresh chillies

58. Chargrilled chicken thigh	10.50	61. Tofu & veg vg	9.95
59. Beef in betel leaf	10.50	62. THIS™ isn't chicken & veg vg	10.95
60. Chargrilled pork	10.95		

Vermicelli noodles : bún

vermicelli rice noodles with a lemongrass & chilli wok-fried topping. Served with fresh herbs, beansprouts, veggie spring roll* & peanuts. Noodles served at room temp just like in Vietnam. Pour over nước chấm & mix. **vg** dishes served with nước chấm chay.

42. Chicken	9.95	45. Pork & lemongrass meatballs	10.25
43. Beef	10.25	46. Tofu & mushroom vg	9.75
44. King prawn	11.25	47. THIS™ isn't chicken vg	10.50

Wine

125ml also available

WHITE

Macabeo , Bodegas Borsao, Campo de Borja, Spain	175ml	250ml	bottle
Pinot Grigio , Piattini, Italy	5.25 / 6.75 / 17.50	5.95 / 7.75 / 21.50	

ROSE

Pinot Grigio Blush , Piattini, Italy	6.25 / 7.95 / 22.50		
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RED

Rame Garnacha , Campo de Borja, Spain	5.25 / 6.75 / 17.50		
Malbec , Bellefontaine, France	6.25 / 7.95 / 22.95		

Beer

Bia Hà Nội , North Vietnam	4.50
Saigon , South Vietnam	4.50
Beer Lao , Laos	4.50

Spritzer

Ginger, lemongrass & mint	3.95
homemade cordial with fresh herbs & sparkling water	

Fresh Juices

All made to order	3.95
Apple, mint & lime with / without ginger	
Beetroot, carrot & apple with / without ginger	
Coconut, pineapple & apple	
Carrot, apple & ginger	
Kale, apple, pineapple & lime	
Pineapple, apple & mint	
Spinach, cucumber, pear & lemon (green detox)	
Apple & orange	

Tea & Coffee

Vietnamese Coffee	3.50
rich coffee from Caphe VN served black or with condensed milk	
Iced Coffee	3.50
Iced Tea	2.95
Tea pigs bags green, camomile, mint	2.25
Flower Teas fragrant jasmine, green or yulan tea balls	2.95

Pop & Water

Homemade lemonade	3.75
Spicy lemonade with ginger & fresh mint	3.95
Green tea lemonade	3.95
Coke, Diet Coke, Fanta Orange, Sprite Zero	2.95
Mineral Water still or sparkling	small 2.50 large 4.50



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OUR CHARITY PARTNER

Christina Noble Children's Foundation (CNCF):

CNCF is a British charity operating in Vietnam, working to alleviate child poverty and suffering by providing crucial, grassroots humanitarian services to highly vulnerable communities.